

Kaitlin E. Lewis

624 Gothic Ave, Crested Butte
Co, 81224
(781) 664-7051- Cell
kaiitliinnn@outlook.com

EXPERIENCE

Sanctuary Somatics, 513 S Main St, Gunnison CO, 81230 — Yoga Instructor

March 2025- PRESENT

Manager: Keziah Catania

- o kez@sanctuarysomatics.com
- o +1 (405) 694-5394

The Club at Crested Butte, 385 Country Club Drive, Crested Butte CO, 81224 — Yoga Instructor

November 2025- PRESENT

Manager: Moriah Lynn

- o mernst@clubatcrestedbutte.com
- o +1 (484) 788-9202

Crux Pilates, 120 N Wisconsin Street, Gunnison CO, 81230 — Yoga Instructor

July 2025- PRESENT

- Owner: Ashley Jackson
 - o cruxpilates@gmail.com
 - o +1 (970)596-8196

CBMR Vail Resorts, 12 Snowmass Rd, Crested Butte CO 81224 — Part time Ski Instructor

November 2024 - April 2025

- Director: Dayna Regan
 - o dayna.m.regan@vailresorts.com
 - o +1 (970)349-4285

Stepping Stones Children's Center, 705 7th St, Crested Butte CO 81224 — Part time Teacher

September 20204 - PRESENT

- Director: Courtney Oaks
 - o steppingstonescb@gmail.com
 - o +1 (847) 226-8933

SKILLS

- Years of money management between customer and company
- Customer service experience
- Positive, motivated, persistent, ambitious, eager to learn as well as meticulous
- Developing and maintaining useful relationships
- Ability to work in a fast paced environment as well as high stress environments
- Persistent, open-minded, overcomes obstacles and achieves goals
- Strong communication skills
- Trustworthy
- Ability to work well with all personalities and ages
- Very organized, great cleaner
- Punctual and efficient time management
- Knowledge and ability with Quickbooks, Square, Vagaro, Clover. Momence, MindBody as well as other business softwares
- Hard Working, Strong Integrity words and

Crested Butte Parks & Rec, — Soccer Coach (5yr old youth)

September 2024- October 2024

Thrive Yoga Crested Butte , 326 Elk Ave, Crested Butte CO 81224 — Yoga Teacher (\$45-70 per class)

September 2024 - Present

- Owner/ Employer: Lilavati Eberle
 - lilavati@thriveyogacb.com
 - +1 (970) 975-3448
 - <https://thriveyogacb.com>

CB Power Yoga, 201 Elk Ave Suite E, Crested Butte CO 81224 — Yoga Teacher (\$45-70 per class)

September 2024 - Present

- Owner/ Employer: Hilary
 - hillary@cbpoweryoga.com
 - <https://www.cbpoweryoga.com>
 - +1 (831) 915-3820

RITUAL Yoga, 100 Pleasant St, Weymouth MA 02190 — Yoga Teacher (\$45-70 per class)

February 2024 - August 31st 2024

- Owner/ Employer: Sara White
 - sara@ritualyoga.com
 - +1 (617) 257-0864
 - www.ritualyogastudio.com

Chakra Power Yoga, 871 Washington St, Braintree MA 02184 —Yoga Teacher, Reiki Practitioner (\$35-60 per class, \$45 per Reiki Session)

March 2021 - August 31st 2024

- Owner/ Employer: Nichole Burrill
 - chakrapoweryoga@gmail.com
 - +1 (617) 833- 3273
 - www.chakrapoweryoga.com

Caitlin Yoga Therapy LLC — Kids Yoga Instructor (\$75 per 45 minute class) Yoga In the Park North End (\$80 per class)

July 2024 - August 31st 2024

- Employers/ Owners: Caitlin Moore, RYT, C-IAYT
 - caitlin.ab.moore@gmail.com
 - +1 (914) 274-1466
 - www.caitlinyogatherapy.com

Chi Bang LLC— (Temporary Yoga Instructor \$70 per class)

March 2024-May 2024

actions align

- Reliable
- Holds Space for Students
- Meets individuals where they are while maintaining standards of each studio and classrooms values

References

Nichole Burrill- CPY Studio Owner

+1 (781) 833- 3273

Sara White- Ritual Owner

+1 (617)257-0864

Caitlin Moore- Caitlin Yoga Therapy LLC

+1(914) 274-1466

Chi Bang- Chi Bang LLC

+1 (617) 966-6619

Sarah Rydwansky- Teacher

+1(617) 285-3030

Allen Tibbets- Mentor

+1 (508) 397-9388

Donnie Rollins- Mentor

+1 (970) 641-4948

Pat Iyer- Reiki Teacher

+1 (781)608-3531

Shira Brenner- Teacher

+1 (781) 650- 2610

- Owner: Chi Bang
- IG: chibangbodies
- +1 (617)966-6619

South Shore YMCA Emilson— (ART DIRECTOR SUB \$30 per hour)

75 Mill St, Hanover MA 02339

March 2024-May 2024

- Art Director: Jasmine Netherwood
- <https://ssymca.org>

EDUCATION

Will be enrolled in Judy Thesis', Light Running School offering Reiki 1-Master Attunements in January 2026

Currently Enrolled- 100 Hour RYT Certified Meditation Instructor, Online- Through Yogamu

200 Hour RYT Certified Yoga Instructor, 871 Washington St, Braintree MA 02184- Through Chakra Power Yoga

Completed in December of 2021 Through Nichole Burrill and Kris Cox

50 hour Bridge Upleveling Yoga School Program- also through Chakra Power Yoga

Reiki 1 Attunement- through Pat Iyer MSN, RN, BC Traditional Reiki Master Teacher, Japanese Reiki and Buddho Practioner, completed September 2023

Reiki 2 Attunement- through Pat Iyer MSN, RN, BC Traditional Reiki Master Teacher, Japanese and Buddho Practioner, completed April 2024

Lightning Attunement- through Phyllis Simmonetta, Holy Fire III Reiki Master Teacher, completed August 8th, 2024

Western Colorado University, 1 Western Way, Gunnison CO, 81230 — 18 Credits

August 2017 - May 2018

- (970)943-2219

Braintree High School, 128 Town St, Braintree MA, 02184 — Graduated 2017

September 2013 - May 2017

- +1 (781)848-4000

American Heart Association Heart Saver First Aid CPR AED Certification, 660 Bannock Street MC 1919 Denver CO, 80204

Issue Date: 06/10/2025

Recommended Renewal Date: 06/2027

- Training Center Phone Number: (303)602-2705

Colorado Shines Professional Development for Early Childhood Workforce

- **Medication Administration Training, Part 1**

- **Completed** : 11/13/2025

- **Status** : Completed

- **Training Type** : Curriculum

- **Training Status** : Completed

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Creating Safe Places: Trauma-Informed Practices in Early Childhood Settings

Completed : 10/17/2025

Status : Completed

Training Type : Curriculum

Training Status : Completed

Guiding with Development in Mind (Positive Guidance Sequence)

Completed : 10/17/2025

Status : Completed

Training Type : Curriculum

Training Status : Completed

Let's Eat Well! Supporting Nutrition in Early Care and Learning

Completed : 10/8/2025

Status : Completed

Training Type : Curriculum

Training Status : Completed

Positive Guidance Strategies (Positive Guidance Sequence)

Completed : 10/8/2025

Status : Completed

Training Type : Curriculum

Training Status : Completed

Introduction to the Environment Rating Scales, Third Editions

Completed : 10/7/2025

Status : Completed

Training Type : Curriculum

Training Status : Completed

Introduction to the Early Intervention and Preschool Special Education Programs

Completed : 2/21/2025

Status : Completed

Training Type : Curriculum

Training Status : Completed

Recognition and Reporting of Child Abuse and Neglect

Completed : 2/21/2025

Status : Completed

Training Type : Curriculum

Training Status : Completed

Recognizing the Impact of Bias in Mental Health Consultation

Completed : 2/21/2025

Status : Completed

Training Type : Curriculum

Training Status : Completed

Infant Safe Sleep Practices

Completed : 2/21/2025

Status : Completed

Training Type : Curriculum

Training Status : Completed

Preventing Shaken Baby Syndrome and Abusive Head Trauma

Completed : 2/21/2025

Status : Completed

Training Type : Curriculum

Training Status : Completed

Introduction to First Aid and CPR

Completed : 2/10/2025

Status : Completed

Training Type : Curriculum

Training Status : Completed

Standard Precautions, including Prevention

and Control of Infectious Diseases and Immunizations

Completed : 2/3/2025

Status : Completed

Training Type : Curriculum

Training Status : Completed

Emergency and Disaster Preparedness for Child Care Providers

Completed : 2/3/2025

Status : Completed

Training Type : Curriculum

Training Status : Completed

Social and Emotional Health and Development

Completed : 1/7/2019

Status : Completed

Training Type : Curriculum

Training Status : Completed

Community Service/ Volunteer

CB State of Mind, -Current Reiki Practitioner Volunteer

October 2025- PRESENT

- CBsoM Exec. Director- Meghan Doherty
- +1 (970)-596-4698

Open Doors, 395 Washington St, Braintree MA 02184-Current Reiki Practitioner Volunteer

September 2023- August 2024

- Owner: Richard Lanza
- +1 (781) 820-8039

Sue MacAllister Animal Shelter, 98 Basin Park Dr, Gunnison CO 81230 — Volunteer Part Time

October 2018 - MArch 2020

- Monday Evenings 7:00PM Shifts
- +1 (970) 641-1173

**YMCA Camp Burgess and Hayward, 75 Stowe Rd, Sandwich MA
02563**

- Yoga Instructor (3 days a week, 4 hours each day, June 2018- August 2018)
- Volunteer Day (2015-2018)
- Road Crew (2015-2017)
- Polar Bear Plunge Campership Fund Event (2015-2017)
- Councilor in Training, CIT (2015) raised \$100 selling reusable water bottles for Campership Fund
 - The Campership Fund is a Fund the YMCA Camp has in order to be able to accomodate all kids that sign up for camp, to be able to attend camp with all the supplies they would need despite families not being able to afford the cost of a session
- The Charlotte Kelley Memorial 5K (2012-2015)
- Camp Councilor for Vacation Bible School (2012)